

## **Report on Nasha Mukti Abhiyan Online PTM**

**Date: 3-12-2025**

The **Nasha Mukti Abhiyan** Online Parent–Teacher Meeting (PTM) for B.Ed. First Year and Second Year students of St. Thomas College of Education, Greater Noida, was conducted on **2 December 2025** from **3:00 PM to 3:45 PM**. The meeting was organized with the objective of spreading awareness about the growing concerns related to substance abuse and strengthening the collaborative role of parents and teachers in guiding students toward a healthy and productive lifestyle.

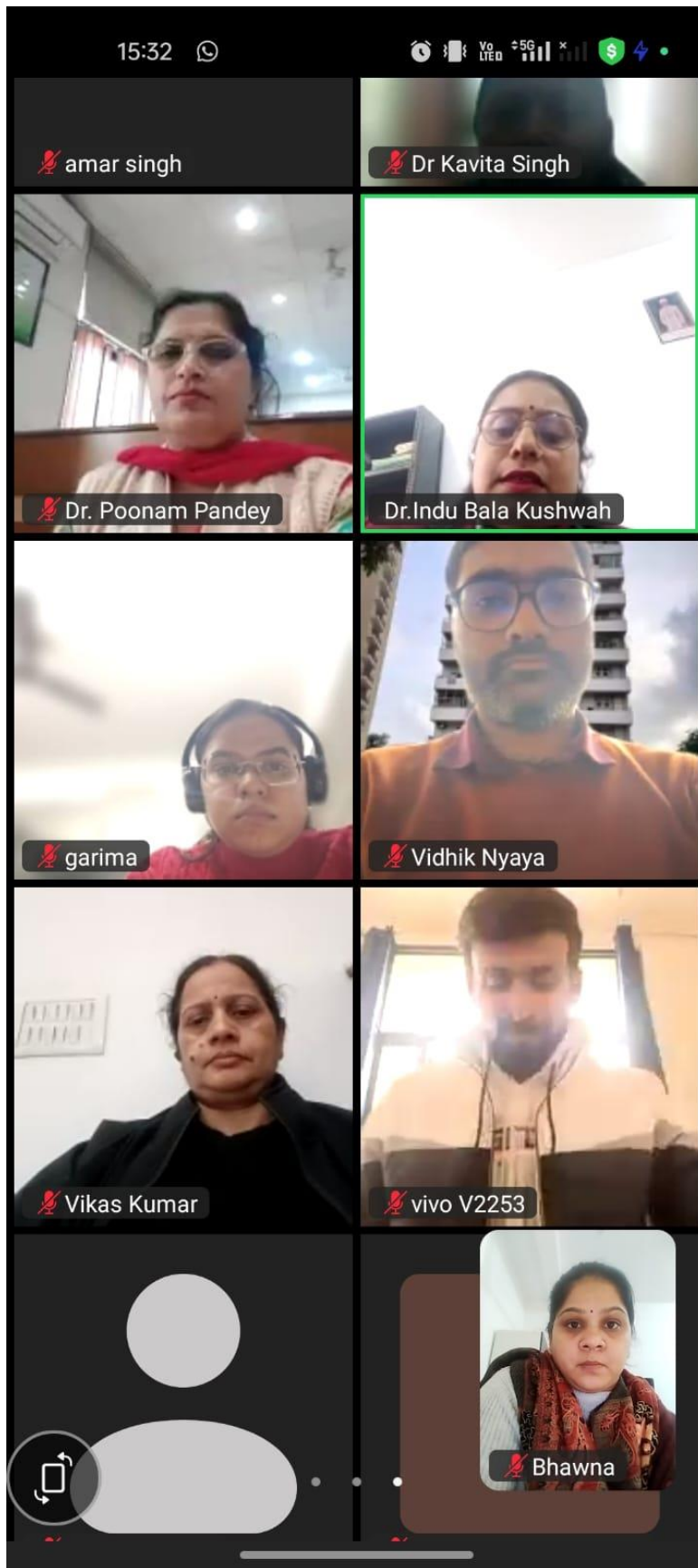
The session began with a warm welcome by the faculty coordinator Dr. Poonam Pandey, who briefly introduced the purpose of the PTM and highlighted the importance of the nationwide **Nasha Mukti Abhiyan**. Parents and students were encouraged to participate actively in the discussion for better understanding and support.

The Hod Dr. Mugdha Anand addressed the gathering and emphasized the crucial role of families and educational institutions in preventing addiction among youth. She discussed the psychological, social, and academic impact of substance abuse and urged parents to maintain open communication with their children. She further highlighted the responsibility of teacher educators to provide guidance, moral support, and positive motivation to students.

Faculty members presented essential information about recognizing early signs of addiction, preventive measures, and available helplines and counselling resources. Parents were also informed about various initiatives taken by the college to promote students' well-being, including awareness sessions, counselling support, and value-based educational activities.

An interactive session followed, during which parents shared their queries and concerns. Teachers provided suggestions for building strong home–college partnerships to ensure students remain focused, responsible, and safe from harmful influences.

The PTM concluded by Dr. Poonam Pandey, with expressing gratitude to parents, students, and staff members for their active participation. The session successfully enhanced awareness and strengthened collective efforts toward a drug-free and healthy learning environment.



Dear B.Ed. Students,

You are cordially invited to attend an Online PTM on “Tobacco-Free Youth Campaign”, organised to create awareness about the harmful effects of tobacco and to promote a healthy, responsible lifestyle among youth and their families.

The session aims to:

Educate students about the dangers of tobacco use

Encourage you to spread awareness within your families and communities

Inspire collective efforts towards a healthier, tobacco-free environment

Your active participation is important in making this campaign meaningful and impactful.

Meeting Details:

Topic: Tobacco-Free Youth Campaign

Link - given above

Date & Time: 2/ 12/ 25

Timings - 3pm to 3:45 pm

Let us come together with your parents to build a healthier future for ourselves and our society.